



August 2010 Newsletter

Gold Wing Road Riders Association Region N, Virginia District, Chapter L Chesapeake, VA

Old & New - Two Wheels & Three

We are friends in pursuit of Fun, Safety and Knowledge

- CHAPTER DIRECTOR**
MARTY TENGOWSKI
- ASSISTANCE DIRECTOR**
DAVE & LINDA HARRIS
- RIDER EDUCATOR**
tba
- RIDER COORDINATOR**
DOUG GILLIAM
- TREASURER**
JOHN STEFFEL
- NEWSLETTER EDITOR**
KATHERINE SKINNER
- WEB MASTER**
DAN SLIMP
- MEMBERSHIP ENHANCEMENT
COORDINATOR**
SHERRY MORGAN
- EVENT COORDINATOR**
TRISH ADAMS
- CHAPTER L WEBSITE**
WWW.GWRRRAVAL.COM

National



www.gwrra.org

Region-N



www.region-n.org

Virginia District



www.gwrrava.org

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Chapter Director



Martin Tengowski
Chapter Director

From the Director

We've made it into August, it's been a very busy time for me, just not out riding. I know I've missed out on a few great rides, trips with the chapter, and getting stamps for the the Grand Tour of VA has suffered lately. Fortunately there's plenty of riding yet this year. We have the Wings over the Smokies and the Rally in the Valley just to name a couple of rallies, and we have a few chapter events yet to come.

Even though I ride to work everyday, it's not the same as taking off on a trip with the chapter. I know every pot hole on the way to and from work, so I'm ready to take off on a trip looking for new ones. Fall is getting closer, so a trip out on the Blue Ridge Parkway should start getting more colorful in the next month or two. Great time to head west for some riding.

Dave and Linda Harris and myself attended the Officer Certificate Program (OCP) up in Richmond. We had two full days talking about GWRRA, and making sure all the chapters are operating properly, and meeting our requirements. They mentioned in the training that if you are in a Chapter in a different part of the country, it's operating the same way throughout GWRRA. Well, I can see the behind the scenes operation being done the same, but when it comes down to socials and events, that each Chapter runs a little different. I found that to be enjoyable, when attending different Chapter meetings and events. Each Chapter has there own twist on the way socials are conducted, and the way we put on or events.

In those two days we discussed all aspects of GWRRA and running a Chapter so we are all in line with National and requirements we need to meet. They broke up the

training sessions with some team building exercises that provided some entertainment. They broke us into groups which split up chapter members, and not to brag or anything, my team won those exercise for the weekend. Saturday after class, a group of 5 took a nice ride and found a small Italian restaurant, which had some really good food. The other highlight of the training class was the one recliner sitting in the classroom. During breaks and after lunch it was first come, first one out. I think they have pictures of the CDs from Chapter C, and Chapter O trying out the recliner.

We have plenty of riding yet this year. One item that came up at the OCP training was a BLOC party, a get together with the other local Chapters. We have the two Rallies coming up, and there was interest in a trip to Bridge Day up at the New River Gorge in WV. Also, plenty of time to get some short local rides in. So, let's get out there and find some new pot holes, and bumps to avoid, get out there and enjoy the colors of fall, and just enjoy our passion of riding the highways and roadways.

If you have a fun trip, please take a few minutes and get an article for our newsletter. I'm sure we'd all like to hear about it, and your experience may get others out there in the future.

Ride safe, stay alert.

Marty

Chapter Couple



Sandy and Dan Slimp
COY for 2009/2010

Are you ready for the Spencer, North Carolina trip, Sandy and I are. Bike and trailer are in the garage all hooked up and ready to go. Checked the air pressure and inspected all the tires. W will be traveling down 58 and then turning south once we hit Danville, Va. It will be a great ride by staying off the main highways.

There were a few of us who participated in the Vet House Poker Run ride on the 15th. Dave & Linda Harris, Jeff Stobie, and Sandy and I rode with the Norfolk American Legion Riders headed up by Bob Perkins. All proceeds from the American Legion breakfast were donated and of course your porker ride fee. We started out with about a dozen bikes and each time we stopped at one of the check points we picked up more. By the time we got to the end of the ride we had about 20 bikes. The amazing part, we all stayed pretty much together the entire time.

Dave and Linda Harris had some art work done on their bike and trailer. It's a red, white, blue theme with the eagle painted on the trailer. The ribbons painted on the bike looks weathered and shredded on the ends and lace with barbwire. Dave's Cousin Dan did a really great job. If you get a chance check his bike and trailer out. I know you will be as pleased as Sandy and I were when we saw it. His bike would stand out in any bike show.

Speaking of a bike show Jeff Stobie entered his bike the same weekend as the all chapter picnic. He was staying in a cabin up in the Blue Ridge Mountains. He was telling us that there was a BMW, 1 Goldwing, one other bike and about 20 or more Harleys. Jeff got second place, great job. There were a couple of Harley riders that were willing to swap with him. It sounded as if he was awfully tempted to cross over to the dark side. But this little voice was telling him otherwise. Even though Carm wasn't with him, she still had control. J J J.

All 10 rooms for the Wing Ding have been reserved. Those who have not reserved their rooms yet need to get with Trish about reserving additional rooms.

Ride Safe & Have Fun

Dan & Sandy
C.O.Y, 09/10



Is this for when you're too old for a trike??

Or for when your co-rider thinks you go to fast ...



Rider Education & Safety



Mountain/Canyon Riding Safety Tips

Strong cross winds are prevalent in mountainous roads. Look for open areas as well as wind breaks. Adjust lane position accordingly. Wind can be very strong on the windward side of a mountain, and nonexistent on the leeward side. Be ready for it to change suddenly.

Higher elevations may adversely affect the acceleration capability of your motorcycle. Check with a mechanic prior to departure to determine if any adjustments can be made.

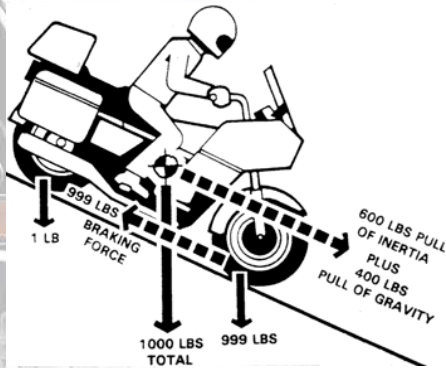
Be cautious going around blind curves. Rock slides or rain may have left deposits in your lane or slow moving vehicles may be just around the curve.

Be prepared for sudden changes in the weather. Bring appropriate clothing to keep comfortable. Electric vests are wonderful!

Compensate for slope, inertia, and gravity when braking.

Downhill Braking

Inertial forces more than double when speed increases from 50-70 mph. Your stopping distance will increase dramatically as will the required amount of braking force.

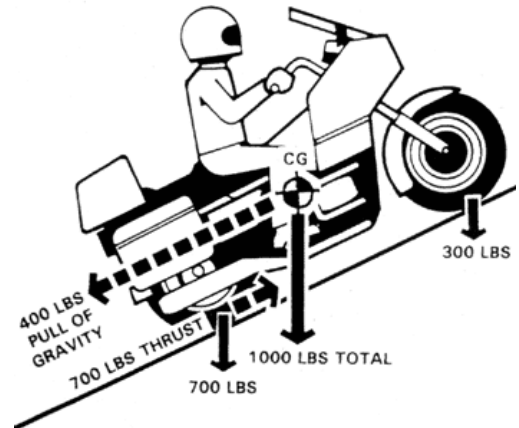


More weight is transferred to front wheel, rear wheel lock-up can more easily occur. Gentle application of the rear brake and firm application of the front brake is necessary.

Uphill Braking

More weight is on to the rear wheel allowing greater application of the rear brake but less application of the front brake.

Be extra careful when stopping on a sharp incline. Front brake application may not be able to hold the motorcycle in position, resulting in a sliding front tire. Make adjustments for traction management when executing turns on slopes.



Special Conditions to Search:

Slope of the road: vertical and horizontal slopes. (Horizontal slope refers to positive or negative camber.)

Surface: loose sand or gravel, potholes, debris. Sharpness of the curve: attain the proper [entry speed](#), choose your line, and accelerate smoothly to hold the line. Look as far ahead as you can see in order to spot hazards as quickly as possible.

Uphill Turns

If possible, track to the outside of the curve. This enables you to see farther around the curve and spot hazards a split-second sooner, allowing more time to react. In right-hand curves, go slow enough so you can tighten your line if approaching traffic has crossed the centerline.

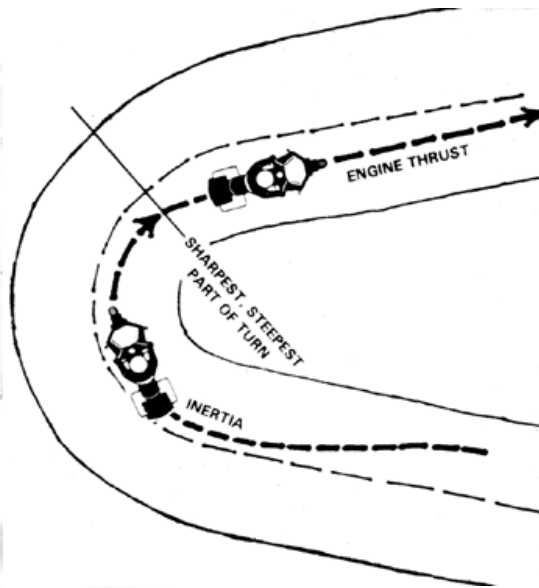
The front wheel has less traction, so steering and balancing will become more difficult. When accelerating uphill, keep in mind that the front wheel can be lifted off the ground more easily than when riding on flat land. This can cause a few tense moments if it happens unexpectedly.



Rider Education & Safety



Side force and driving force must be managed. Establish your turn-in point at the outside of your lane, looking ahead towards the apex of the curve. Begin your counter-steering input here, and get the proper lean angle to steer a smooth arc around the corner. Once at the apex of the turn, begin to straighten the motorcycle and accelerate smoothly out, looking far ahead to prepare for the next corner or possible hazard.



Downhill Turns

Braking force and side force must be managed. Get all your braking as possible done prior to turning. This is essential on downhill turns, because the front tire will be severely loaded and tends to "wash-out" when overstressed.

Be careful when downshifting. Releasing the clutch brings engine-braking into play and may cause a rear-wheel skid. Try to match revs by "blipping" the throttle just before you smoothly let the clutch out. Practice this on flat land before tackling the mountains.

Use engine braking when descending a steep slope. Brake fade can occur if the brakes overheat.

Be aware of shoulder conditions. Your escape route and emergency space may be compromised based on shoulder conditions. Adjust your speed and position.

Expect to see sand or gravel in the road at intersections with dirt roads or driveways. Extra caution is warranted here.

Keep a greater following distance behind logging trucks. Expect debris to fall off the truck.

If you decide to pass a large vehicle it may be safer to pass going up an incline than going down a decline. This is because you have better control over your acceleration when going uphill, and you will use less braking to slow you down after the pass has been executed. Also, the larger vehicle will be going more slowly uphill, so you can pass more quickly.

Constantly check your mirrors for upcoming/runaway vehicles when traveling down a steep slope.

Adjust your suspension to improve handling and to prevent dragging of motorcycle parts.

Most riders experience shortness of breath and fatigue when exerting themselves in higher altitudes. Your physical and mental skills may not be what you want them to be in these conditions. Make adjustments to compensate for these conditions.

Special Thanks to the Motorcycle Safety Center of MN. for providing the above information. For more information, please visit www.motorcyclesafety.org



National/Regional/District News

Membership Enhancement

VIRGINIA DISTRICT TIMES

George and Isabel Gray
Membership Enhancement Coordinators



Hello again! In our last article we invited all who were arriving at Wing Ding early, to be sure to support Mac and Janice McGlothlin as they proudly participated in the International Couple of the Year Selection Process. Mac and Janice represented Region N well, making us all proud. Believe us, we made plenty of noise, and everyone knew Region N was "in the house".

Region N was once again responsible for conducting the Wing Ding Bike Show. Even though the event was extremely limited, due to the indoor space available for the show, classification, staging and judging were carried out, most efficiently. Our volunteers, from all Districts within the Region, worked together and made it all possible. The announcement that next year's Wing Ding will be conducted in Knoxville was well received by the audience at closing ceremonies. So, start making plans now to attend Wing Ding XXXIII, it's right in our back yard, and Region N will undoubtedly have a major role in the planning and carrying out of the event. Some were skeptical about the location of this year's Wing Ding but rest assured all who attended were pleasantly surprised. The citizenry of Des Moines, Urbandale and the other small communities in the area, made us all feel welcome. For all who volunteered their time in registration, recruiting, or the bike show, thanks for helping. For those who could not attend, you missed a good one, all the better reason to plan on attending the Knoxville Wing Ding in July of 2011.

The next big event within Region N is the Kentucky District Convention, in Somerset, KY on August 5th through 7th. The final convention schedule of events is now set, and it appears that Dave and Jeannie McKenzie have a good time in store for all of us who attend. Some fun games, a good sampling of Rider's Education and Leadership Training Seminars, the custom-ary bike and light shows and a grand bike pa-

rade for the folks of Somerset, and many more activities are planned. C'mon along; the fun starts on Thursday at 3:00 p.m. and concludes with a closing ceremony at 5:00 p.m. on Saturday the 7th. It's not too late to make plans to attend, so we hope to see ya' there.

Other events coming up are Wings Over Smokies (North Carolina District Convention) and Rally in the Valley (Virginia District Convention). Check the Region N website for dates and locations of each of these events, or pass through to the NC or VA District web site for fliers and registration forms for these conventions. Remember, the Region N Couple of the Year Selection Process will be conducted at the Virginia District Convention on October 9th.

The success of a District Convention is dependent on the attendance of the District's own participants, as well as the visitors from other Districts. Both the North Carolina District and the Virginia District have been avid supporters of their Sister District's events. Let's give them the same support; they also have some great riding areas. With the release of the July Area Report Listings (Hot Sheets), we were pleased to simplify the feedback information that we are monitoring and requesting from each of the Chapters. Our primary emphasis is to make personal contact with prospective members, and make them knowledgeable of our activities and invite them to join in on the FUN. Those prospects who have already joined GWRRA may not have done so through a local Chapter; they may have called Phoenix and joined by phone, without even knowing about a local Chapter. Thus, it behooves us to make contact with prospects/GWRRA members whose names are not familiar to us, and inform them about Chapter Life. We have a lot to offer, and those of us who regularly recruit members have found that GWRRA literally sells itself, if we just tell the story and explain the benefits of membership.

Yours for FUN!

Ed and Mary Ann Grazier
Appalachian Region "N"
Member Enhancement Coordinators

National/Regional/District News

Virginia Chapter of the Year Program for 2010

In June, we noted that Chapter Directors and the chapter team should NOW be taking a hard look at their chapter teams and programs for the remainder of 2010 to see if they might be eligible to qualify for the GWRRA Virginia District Chapter of the Year (CHOY) Award for calendar year 2010. And, we advised that, the chapter must meet the basic qualifications of the program to compete in 2010.

This month, let's look at some of the *fun* things your chapter can do to put points on the CHOY scoreboard:

- Monthly Rides and Events
- Extraordinary Events
- Chapter Website
- Chapter Growth through New Members and by Retention of Current Members
- Member Participation in the Rider Ed Levels Program
- Chapter Participation in Official Parking Lot Practices
- CD and ACD Attendance of Leadership Seminars
- Chapter Attendance at Leadership Seminars Locally

As you can see, these are the typical things Chapters ought to be doing all along for a full year. If your chapter meets the basic qualifications outlined in May, then just about everything the chapter does puts the chapter closer to the awards. Wouldn't you like some recognition for your chapter folks, a nice plaque and some cash for the chapter treasury? Look at the GWRRA CHOY Program Briefing today for more details.

Rick and Elsie Baker, VA Chapter of the Year Coordinators

Officer Certification Program: OCP

It has been a long, long time since three letters have stirred up this much gossip. OCP, what is it, and why there is so much talk about it?

The Officer Certification Program has been in development for a long time. It actually began way back in 1994. It is a culmination of many years of planning and development, created by many people. GWRRA Officers and Members alike ask "why do we need to take this if we are volunteers"? While there is no "requirement" for Members to take the program, everyone is encouraged to participate, so they may have a better understanding of the policies and procedures of the Association. As an Officer in GWRRA, there is a requirement to participate in the program, so that you may better serve the Members. GWRRA is probably one of the last Volunteer Organizations to implement required training for its leaders. Many of you are familiar with Ride for Kids. Anyone that heads up a RFK Event is required to participate in training. Additionally, anyone that volunteers to help at a ride also has to have training. If folks are not trained and provided with the information on how to perform a task and what is expected of them, cannot be expected to perform the task at hand. It only makes good sense. Many have made the statement that they have been an Officer before, or are currently an Officer and they are doing just fine. Although this may be true, the OCP will make your task easier. I have been involved in the OCP for a long time, and each time I teach a class, I learn a little something. Having served as an Operations Officer for many, many years, I can tell you I'm glad I have been exposed to the OCP. Just as many take an ERC more than once (in fact many take them every other year) the OCP is an opportunity to "hone your skills" as an Officer in GWRRA.

I made much mention of "participation" in the OCP. That is just what you do. Yes there are presenters that send a consistent message to all that take it, but you have the opportunity for interaction, questions and answers with the Instructors. We want to make sure everyone knows the material. As many have been left to read the Officer Guidebook, the OCP covers the policies and procedures of the Organization, so that everyone understands and interprets the material the same way. This leads to better understanding of GWRRA and fewer misunderstandings having to do with policy. For this reason, the Officer Guidebook is now the Officer Handbook.

I don't want to divulge too much about the OCP, but I encourage everyone that is interested in GWRRA, either as a future Officer or just a concerned Member to participate in a class.

Mike and Angie Mitchell
Asst District Director , East

Upcoming Events & Rides

Month	Day	Type	Event	Chapter/Sponsor
August	28	S	Poker Run - Manassas	VA-I
September	11	P	Frank P. O'Connor Memorial Poker Run and Picnic - Burke	VA-A
	10-11	S	Fall Sprawl - Simmons Farm, Whitestone	VA-C
	23-25	-	Wings Over the Smokies - Fletcher, NC	NC District
October	2	P	Poker Run - Richmond	VA-D
	7-9	V	Rally in the Valley®, Salem Civic Ctr, Salem	VA District
	23	P	Fall Colors Ride - Leesburg	VA-Y
	29-31	V	Officer Certification (OCP) - Central / Western Virginia	VA District
November	6	P	Goldwing Celebration - World of Sports, South Boston	VA-J
	6	-	28th Annual Children's Hospital Teddy Bear Run, Colonial Harley-Davidson, Colonial Heights	Blue Knights VA-III
December	11	V	Leadership Training (LTD) Instructor Development / Certification - Roanoke / Salem	VA District

Event Type Designations -- (P) Chapter Primary Event, (R) Rally, (S) Chapter Secondary Event, (V) VA District Event



Wingin' Across the USA

Rally In The Valley 2010®
Salem, VA
October 7-9, 2010



Fall Sprawl

September 11, 2010

Simmons' Farm



Saturday

Registration - 9am
Lunch at 1pm
Awards after lunch

- Games - Games with GREAT Game Prizes
- Awards
- **\$50.00 Pre-Registration Drawing**
- 50/25/15/10

Feel free to spend Saturday night on the farm. There will be lots of fun and excitement after the event!!

CAMPING - Feel free
To camp on Friday and/or
Saturday night (no hook-ups).

Saturday **STEAK** lunch!

Steak - Baked Potato - Salad - Drink - Desert
Bring your own plate, knife & fork

Come on out early and spend
Friday evening with your friends.
We will be having a
Hot Dog Weenie Roast !!



Register EARLY!!
First 100 steaks guaranteed
Deadline - September 1st
Cost - \$15 per person

From Newport News, VA

- Take Rt 17 North through Gloucester/Saluda
- Turn right on Rt 33 East, go approx. 7 miles
- Turn left on Rt 3 West to White Stone
- Continue on Rt 3 West for 3 miles
- Turn right onto Simmons Lane (1 mile south of Kilmarnock)

From Richmond, VA:

- I64 East to Rt 33 (West Point Exit 220)
- Follow Rt. 33 to Saluda. Rt33 turns right in Saluda.
- Go approx. 7 miles from Saluda on Rt 33 and turn left on Rt 3 West to White Stone
- Continue on Rt 3 West for 3 miles
- Turn right onto Simmons Lane (1 mile south of Kilmarnock)

First 100 Steaks Guaranteed
Deadline - September 1, 2010
Reservations & payment for steaks required in advance

Cost: \$15 per person

Total # Attending _____ Total \$ _____

What day will you be arriving? ___FRI ___SAT

Please make check payable to
GWRRA VAC and mail to:

GWRRA VAC
PO Box 1266
Yorktown, VA 23692

Name: _____

Address: _____

City: _____ State _____ Zip _____

Organization: _____ Chapter: _____

I/we agree to confirm & comply with the ideas governing this event, and I/we further agree to hold harmless GWRRA VAC or any property owner for any loss or injury to self or property in which I/we may become involved by reason or participation in this event. Everyone attending must sign

Signature

Signature

Name: _____

Biker Bits

The Ten Speed

A man decided that he was going to ride a 10 speed bike from Phoenix to Flagstaff. He got as far as Black Canyon City before the mountains just became too much and he could go no farther.

He stuck his thumb out but after 3 hours, hadn't gotten a single person to stop. Finally a guy in a Corvette pulled over and offered him a ride. Of course, the bike wouldn't fit in the car.

The owner of the Corvette found a piece of rope lying by the highway and tied it to his bumper. He tied the other end to the bike and told the man that if he got to going to fast, to honk the horn on his bike and that he would slow down.

Everything went fine for the first 30 miles. Suddenly, another Corvette blew past them. Not to be outdone, the Corvette pulling the bike took off after the other.

A short distance down the road, the Corvettes, both going well over 120 mph, blew through a speed trap. The police officer noted the speeds from his radar gun and radioed to the other officer that he had 2 Corvettes headed his way at over 120 mph.

He then relayed, "and your not going to believe this, but there's guy on a 10-speed bike honking to pass".

A ten year-old boy was walking down the street when a big man on a black motorcycle, pulls up beside him and asks, "Hey, wanna go for a ride?"

"No!", said the boy, and he kept on walking. The motorcyclist pulls up to him again and says, "Come on, I'll give you \$10 if you hop on the back"

"NO!" said the boy and proceeded down the street a little quicker.

The motorcyclist pulls up to the boy again and says, "OK, I'll give you \$20 and a BIG bag of candy if you hop on the back for a ride."

At this point the boy turns around to him and screams angrily, "Look Dad, YOU bought the Harley, so YOU ride it!!"

TEENAGERS

**Tired of Being Harassed
By Your Stupid Parents?**



ACT NOW!

MOVE OUT . . .

GET A JOB . . .

PAY YOUR OWN BILLS.

DO IT WHILE YOU STILL KNOW EVERYTHING

(195)

Monthly Meetings

CHAPTER L MEETINGS

4TH TUESDAY OF EACH MONTH

Zino's Cafe

850 Old George Washington Highway
Chesapeake, VA 23323
(757) 485-1468
www.zinoscafe.com



Please come and join us!

Social (meet, greet & eat) starts at 6 pm and
meeting starts at 7:00.

Other Local Chapters

Chapter B—Virginia Beach

2nd Wednesday each month, 7pm

New Location

Village Inn
Independence Blvd
Virginia Beach, VA
(Pembroke Mall area)

Chapter C—Hampton/ Newport News

2nd Sunday each month, 7pm

Angelo's Steak & Pancake House
755 J. Clyde Morris Blvd
Newport News, VA

Chapter O—Williamsburg

4th Sunday each month, 5pm

Belgian Waffle & Steakhouse
14700 Warwick Blvd
Newport News, VA

Contact Information

CHAPTER DIRECTOR

MARTY TENGOWSKI

martin.tengowski@navy.mil

ASSISTANCE DIRECTORS

DAVE & LINDA HARRIS

davenat@aol.com
lindashj@aol.com

RIDER EDUCATOR

TBA

COUPLE OF THE YEAR

DAN & SANDY SLIMP

dwssjs@verizon.net

RIDER COORDINATOR

DOUG GILLIAM

jgilliam1@cox.net

TREASURER

JOHN STEFFEL

ChesapeakeGoldwing@cox.net

NEWSLETTER EDITOR

KATHERINE SKINNER

kathy@jds corner.com

WEBMASTER

DAN SLIMP

Chesapeake-L@live.com

MEMBERSHIP ENHANCEMENT
COORDINATOR

SHERRY MORGAN

smorgan1701d@cox.net

EVENT COORDINATOR

TRISH ADAMS

onebchnut@charter.net

Spelling and grammar errors are purposely added to this newsletter for those who enjoy finding and pointing them out.